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March 9, 2022

The Honorable Detroit City Council ATTN: City Clerk Office 200 Coleman A. Young Municipal Center Detroit MI 48226

RE: Authorization to submit a grant application to the National Recreation and Parks Association for the Fit and Strong Grant

The General Services Department is hereby requesting authorization from Detroit City Council to submit a grant application to the National Recreation and Parks Association for the Fit and Strong Grant. The amount being sought is valued at \$1,300.00. There is no City match requirement. The total project is valued at \$1,300.00. This is a non-cash grant.

The Fit and Strong Grant will enable the department to:

- Support healthy aging for residents
- Provide technical assistance to create evidence-based programs for healthy living for seniors

We respectfully request your approval to submit the grant application by adopting the attached resolution.

Sincerely,
Docusigned by:

Jeni Laniels

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Terri Daniels
Director of Grants, Office of Development and Grants

CC:

Sajjiah Parker, Assistant Director, Grants



Office of Development and Grants

RESOLUTION

Council Member_	
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WHEREAS, the General Services Department has requested authorization from City Council to submit a grant application to the National Recreation and Parks Association, for the Fit and Strong Grant, valued at \$1,300.00, to support healthy aging for residents; and

WHEREAS, this is a non-cash grant that will provide technical assistance to create evidence-based programs for healthy living for seniors; now

THEREFORE BE IT RESOLVED, the General Services Department is hereby authorized to submit a grant application to the National Recreation and Parks Association for the Fit and Strong Grant.

Office of Grants Management Grant Application Request Form



In order to secure the Office of Grants Management approval required under Section 18-4-2 of the Detroit City Charter, this form is to be filled out by City Departments as soon as possible upon learning of an opportunity that the Department would like to pursue. This form must be submitted not later than 20 business days prior to the application deadline.

Agency	General Services Department-Parks and Recreation Division
Date	02/25/2022
Department Contact Name	Nancy Capers
Department Contact Phone	(313)224-1109
Department Contact Email	Capersn@detroitmi.gov
Grant Opportunity Title	Supporting Healthly Aging Through Parks-Strong and Fit
Grant Opportunity Funding Agency	National Recreation and Parks Association (NRPA)
Web Link to Opportunity Information	nrpa.org
Maximum Award Amount	\$1,300 (in-kind)
Application Due Date	02/25/2022
Duration of Grant Award	18 months
Anticipated Proposed Budget Amount	NA
Match Requirement	NA
Anticipated Source of Match (if known)	NA
List of programs/services/activities to be funded and the Amount of Funding Requested for Each Sample: - ABC Afterschool program: \$150,000 - XYZ Youth leadership program: \$100,000 - Salary/Benefits: \$95,000 - Supplies: \$5,000 Brief Statement of Priorities/Purpose for the Application Sample: To support expansion of promising youth development programs in MNO neighborhood.	Strong and Fit Training and technical assistance program focused on evidence-based programs for seniors.
Key Performance Indicators to be Used to Measure the Programs/Services/Activities Sample: # of kids newly enrolled in ABC and XYZ # of kids who complete ABC and XYZ % of kids from ABC who demonstrate improved educational performance % of kids from XYZ who demonstrate improved leadership skills	No. of seniors enrolled No. of seniors who demonstrate improved overall health.

Director's Signature

03/08/2022

Date